



**COUNTY OF CARROLL**  
**OFFICE OF THE COMMISSIONERS**  
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Policy Title:	Physical Fitness Stipends – Non Union Jail & HOC Officers
Effective Date:	October 26 2023
Revision Date:	
Reference(s):	

## **POLICY**

To promote staff health and fitness to ensure their capability to perform all functions of the job, non-union jail and HOC officers are eligible to receive an annual physical fitness stipend.

## **PROCEDURE**

Officers in non-union positions at Carroll County House of Corrections (CCHOC) are annually eligible to receive a physical fitness stipend.

To be eligible, the employee:

- Must complete one year of employment with CCHOC
- Present a valid physician's clearance to participate in physical fitness testing
- Participate in the Cooper Standards physical fitness testing. (Testing offered annually at the facility)
- Complete the fitness testing regimen required in NHAC Chapter 300A:5 for his/her age and gender.

Upon successful completion of the above-mentioned criteria, the employee will receive a stipend check in an amount set by the Carroll County Board of Commissioners. Payment will be made through the payroll system and is subject to applicable taxes.

***Carroll County Board of Commissioners voted to approve October 26, 2023***

Terry McCarthy  
Chairman

Charles McGee  
Vice-Chairman

Bill Nelson  
Clerk